

# PHACE syndrome: Past, Present, Future

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- ## History of PHACE syndrome
- We asked colleagues – had they seen this before?
  - We looked carefully in medical literature
  - Scattered case reports and 1978 and 1985 series of cases from Spain with intracranial malformations with capillary hemangiomas of the face
  - We reported our findings in 1993:  
Case series of facial hemangiomas and Dandy-Walker and other posterior fossa anomalies

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Neuroradiology 16, 82-84 (1978)

**Neuroradiology**  
© by Springer-Verlag 1978

**Vascular and Nonvascular Intracranial Malformations Associated with External Capillary Hemangiomas**

I. Pascual-Casteredo  
Clínica Infantil "La Piedad", Madrid, Spain

**Association of facial hemangiomas with Dandy-Walker and other posterior fossa malformations**

Vall Reesa, MD, Ilona J. Frieden, MD, Amy S. Poller, MD, Nancy B. Esterly, MD, Donna Ferritero, MD, Moshe L. Levy, MD, Anne W. Lucky, MD, Stephen E. Gellis, MD, and Elaine C. Siegfried, MD

From the Departments of Dermatology, Pediatrics, and Neurology, University of California, San Francisco, the Divisions of Pediatrics and Dermatology, Northwestern University School of Medicine, Chicago, Illinois, the Departments of Dermatology and Pediatrics, Medical College of Wisconsin, Milwaukee, Wisconsin, the Departments of Pediatrics and Dermatology, Baylor College of Medicine, Houston, Texas, the Dermatology Associates, Cincinnati, Ohio, the Division of Dermatology, Children's Hospital, Boston, Massachusetts, and the Divisions of Dermatology and Pediatrics, Children's Memorial Hospital, Chicago, Illinois

Cutaneous hemangiomas are common benign tumors of infancy that only rarely are associated with malformations in other tissues or organs. We report nine infants with large facial hemangiomas who also had Dandy-Walker malformations or similar posterior fossa abnormalities. On the basis of the experience with our patients and with those previously reported, we recommend radiographic imaging studies of the brain of infants with large, aggressive facial hemangiomas to rule out posterior fossa defects. (J Pediatr 1993;122:379-84)

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**Hemangiomas & structural anomalies:  
We had missed something!**

1	F	Large bilateral lesions on face, back, and pharynx; unilateral dilated retina	DWS	Hemangioma	Bilateral dilated cerebrovascular vessels
2	F	Large unilateral lesion on face; lesions on chest; subglottic pyiform sinus; mediastinum	DWS	Palpebral occlusion	Nose
3	F	Large unilateral facial lesion	Hypoglossic cerebellum; absent inferior vermis	Decreased ipsilateral cerebellum	Minkling and tracking
4	F	Large unilateral facial lesion	DWS; thin corpus callosum	Palpebral occlusion	Nose
5	F	Large and multiple small facial lesions; lesions on mandibular gingiva, cavernous sinus, orbit, pharynx, intrathoracic area	DWS; cerebellar hypoplasia	Hemangioma	Cor triatriatum; partial anomalous pulmonary venous return
6	F	Large unilateral lesion on face	DWS	Ipsilateral microphthalmos	Partial alpecia
7	F	Large right and small left facial lesions; lesions on palate, uvula, subglottis	Posterior fossa arachnoid cyst; hypoplasia of right cerebellar lobe and vermis; hydrocephalus	Palpebral occlusion; strabismus	Nose
8	F	Large unilateral facial lesions; ipsilateral trunk and upper extremity lesions	Ipsilateral cerebellar vermis hypoplasia	Ipsilateral microphthalmos; contralateral optic nerve hypoplasia	Arterial; midline suprarenal cyst; ipsilateral cerebral aneurysm; dilatation; coarctation of the descending aorta; aberrant left subclavian artery; hypoplastic aortic ear

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**PHACE Syndrome**

- Posterior fossa
- Hemangioma
- Arterial
- Cardiac
- Eye

Frieden IJ, Reese V, Cohen D.

PHACE syndrome. The association of posterior fossa brain malformations, hemangiomas, arterial anomalies, coarctation of the aorta and cardiac defects, and eye abnormalities.

Arch Dermatol. 1996;132:307-11

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**Last 2 decades**

**More than 120 published articles**

- Increased appreciation hemangioma and lower body anomalies
- Defining hemangioma patterns on the face
- Determining risk and incidence of PHACE in setting of large facial hemangiomas
- Understanding more about complications and outcomes
- Hunting for the cause

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## The many Faces of PHACE syndrome

- Comprehensive review of 116 previously reported cases and 14 new cases
- Emphasized PHACE as a *spectrum* of anomalies with most children having 1-2 extracutaneous manifestations
- Probably as common as Sturge-Weber syndrome

Metry et al. J Pediatr 2001;139:117-23

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### AMERICAN JOURNAL OF NEURORADIOLOGY

#### ORIGINAL RESEARCH

C.P. Hess  
H.J. Fullerton  
D.W. Mistry  
B.A. Drolet  
D.H. Siegel  
K.I. Augustine  
N. Gupta  
A.N. Haggstrom  
C.F. Dowd  
L.J. Frieden  
A.J. Barkovich

#### Cervical and Intracranial Arterial Anomalies in 70 Patients with PHACE Syndrome

**BACKGROUND AND PURPOSE:** Cerebral and cervical arterial abnormalities are the most common noncutaneous anomaly in PHACE syndrome, but the location and type of arterial lesions that occur have not been systematically assessed in a large cohort. Our aim was to characterize the phenotypic spectrum of arteriopathy, assess the frequency with which different arteries are involved, and evaluate spatial relationships between arteriopathy, brain structural lesions, and hemangiomas in PHACE syndrome.

**MATERIALS AND METHODS:** Intracranial MRA and/or CTA images from 70 children and accompanying brain MRI images in 59 patients with arteriopathy and PHACE syndrome were reviewed to identify the type and location of arterial lesions and brain abnormalities. Five categories of arteriopathy were identified and used for classification: dysgenesis, narrowing, nonvisualization, primitive embryonic carotid-vertebrobasilar connections, and anomalous arterial course or origin. Univariate logistic regression analyses were performed to test for associations between arteriopathy location, hemangiomas, and brain abnormalities.

**RESULTS:** By study design, all patients had arterial abnormalities, and 57% had >1 form of arteriopathy. Dysgenesis was the most common abnormality (56%), followed by anomalous course and/or origin (17%), narrowing (20%), and nonvisualization (22%). Primitive embryonic carotid-vertebrobasilar connections were present in 20% of children. Hemangiomas were ipsilateral to arteriopathy in all but 1 case. The frontotemporal and/or mandibular facial segments were involved in 97% of cases, but no other specific associations between arteriopathy location and hemangioma sites were detected. All cases with posterior fossa anomalies had either ICA anomalies or persistent embryonic carotid-basilar connections.

**CONCLUSIONS:** The arteriopathy of PHACE syndrome commonly involves the ICA and its embryonic branches, ipsilateral to the cutaneous hemangioma, with dysgenesis and abnormal arterial course the most commonly noted abnormalities. Brain abnormalities are also typically ipsilateral.

AJNR Am J Neuroradiol. November 2010;31:1980-6.

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## Consensus Diagnostic Criteria

# PEDIATRICS

OFFICIAL JOURNAL OF THE AMERICAN ACADEMY OF PEDIATRICS

Consensus Statement on Diagnostic Criteria for PHACE Syndrome  
Denise Metry, Geoffrey Heyer, Christopher Hess, Maria Garzon, Anita Haggstrom,  
Peter Frommelt, Denise Adams, Dawn Siegel, Karla Hall, Julie Powell, Ilona Frieden  
and Beth Drolet  
*Pediatrics* 2009;124:1447; originally published online October 26, 2009;  
DOI: 10.1542/peds.2009-0082

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## Consensus Diagnostic Criteria: Don't need add 5 letters

PHACE	Possible PHACE
Facial hemangioma 5 cm or greater PLUS 1 major or 2 minor criteria	Facial hemangioma plus 1 minor criteria
	Hemangioma neck or torso plus 1 major or 2 minor criteria
	No hemangioma plus 2 major criteria

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**TABLE 2. Diagnostic Criteria PHACE Syndrome**

PHACE Syndrome			
Facial Hemangioma >5 cm in diameter			
PLUS			
1 Major Criteria OR 2 Minor Criteria			
Possible PHACE Syndrome			
Facial Hemangioma >5 cm in diameter		Hemangioma of the Neck or Upper Torso	No Hemangioma
PLUS		PLUS	PLUS
1 Major Criteria		1 Major Criteria OR 2 Minor Criteria	2 Major Criteria
Organ System	Major Criteria	Minor Criteria	Minor Criteria
Cardiovascular	Anomaly of major cerebral arteries Dysplasia of the large cerebral artery Arterial stenosis or occlusion with or without moyamoya collaterals Absence or moderate to severe hypoplasia of the large cerebral arteries Abnormal origin or course of the large cerebral arteries <sup>a</sup> Persistent trigeminal artery Isolated aneurysm of any cerebral artery	Persistent embryonic artery other than trigeminal artery Fetalized sublingual artery (types 1 and 2) Fetalized hypoglossal artery Fetalized aortic arch <sup>b</sup>	
Structural brain	Protruding meningeal anomaly Sandy-Walker complex or unilateral/bilateral cerebellar hypoplasia/dysplasia	Enhancing extra-axial lesion with features consistent with intracranial hemangioma <sup>c</sup> Mollise anomaly <sup>d</sup> Neonatal meningeal diaphragm <sup>e</sup>	
Cardiovascular	Aortic arch anomaly Coarctation of aorta/dysplasia <sup>f</sup> Abnormal origin of the subclavian artery with or without associated ring	Ventricular septal defect Right aortic arch (double aortic arch)	
Ocular	Protruding segment abnormality Persistent fetal optic chiasm (persistent hyperplastic primary vitreous) Retinal vascular anomalies Morning glory disc anomaly Optic nerve hypoplasia Peripapillary atrophy Coloboma	Anterior segment abnormality Strabismus Cataract Glaucoma Mongolian spots	
Ventral or esophageal	Sternal defect Sternal diast Hypoplasia/dysplasia of trachea Sternal defects	Hypoparathyroidism Ectopic thyroid	

<sup>a</sup> Includes aneurysm, moyamoya, tortuosity, and/or stenosis.  
<sup>b</sup> Includes aortic arch, innominate artery, anterior cerebral artery, posterior cerebral artery, or vertebral-basilar system.  
<sup>c</sup> See description of this anomaly under PHACE.  
<sup>d</sup> Colonic aganglionosis or aganglionosis, esophageal atresia, congenital diaphragmatic hernia, pulmonary malformation, or pulmonary sequestration.  
<sup>e</sup> Hemiparesis, cortical dysplasia, or gray matter heterotopia.

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## Diagnostic criteria: Best assessment *at the time*

- Once we find the cause of PHACE, will need to reassess the disease spectrum
- Also need to reassess over time
- Criteria could be overly restrictive
  - Questionable if you really need a facial hemangioma
- With better treatment hemangiomas of PHACE may be less prominent feature in some cases

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### How Common is PHACE?

- Not common but not rare
- No good population-based data exist for how many people have PHACE syndrome
- Estimates of incidence of another vascular syndrome, Sturge-Weber, range between one in 20–50,000 live births.
- PHACE is more common than SWS
- *At least* 1/20,000 is “good guess”

Comi AM Lymph ResBiol. 2007, 5: 257-264

Metry D et al. Am J Med Genet A. 2006;140:975-86.

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### What are the Key Clinical Findings?

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### PHACE Syndrome Acronym: Take 2

Posterior fossa

Hemangioma of the Face

Arterial + Aorta

Cardiac

Eye

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### Other important findings

- S: Sternal and Supraumbilical raphe
- E: Endocrine: Growth, thyroid, pituitary
- E: Ear – hearing loss
- H: Headaches
- A: Airway hemangiomas
- U: Ulcerations

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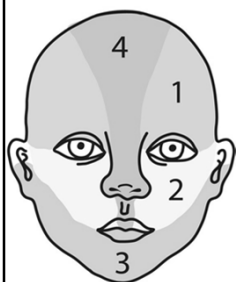
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### Patterns of facial segmentals correspond to embryologic patterns



Haggstrom et al.  
2006;117:698-703

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### Prospective study of facial hemangiomas for risk of PHACE risk

We included any facial hemangioma  $\geq 22$  cm<sup>2</sup>

33/108 (31%) had PHACE

Mean size with PHACE 86 cm<sup>2</sup>



Frontotemporal (Seg 1)	28/33
Maxillary (Seg 2) only	1/33
Mandibular (Seg 3)	24/33
2 or more segments	15/33

Haggstrom et al. Pediatrics. 2010;126:e418-26




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## Cerebrovascular Anomalies

<p style="text-align: center;"><b>Major</b></p> <ul style="list-style-type: none"> <li>■ Abnormal course, width, development of arteries             <ul style="list-style-type: none"> <li>■ narrowing</li> <li>■ absence</li> <li>■ dilated</li> <li>■ aneurysm</li> <li>■ Moya-Moya</li> </ul> </li> <li>■ Trigeminal artery</li> </ul>	<p style="text-align: center;"><b>Minor</b></p> <ul style="list-style-type: none"> <li>■ Persistent embryonic arteries (other than trigeminal artery)</li> </ul>
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### Imaging and Clinical Features and Stroke Risk in PHACE Syndrome

Risk Category	Cerebrovascular Anomalies
High	<ul style="list-style-type: none"> <li>• Multiple vessels with severe narrowing or non-visualization without adequate collateral circulation and Moyamoya disease and Cardiac or Aortic arch anomalies</li> <li>• Severe narrowing/stenosis<sup>2</sup> or non-visualization of 1 major vessel<sup>3</sup> without adequate collateral circulation and Moyamoya disease and Cardiac or Aortic arch anomalies</li> <li>• Severe narrowing/stenosis<sup>2</sup> or non-visualization of 1 major vessel<sup>3</sup> without adequate collateral circulation and Moyamoya disease</li> <li>• Severe narrowing/stenosis<sup>2</sup> or non-visualization of 1 major vessel<sup>3</sup> without adequate collateral circulation and Cardiac or Aortic arch anomalies</li> <li>• Severe narrowing/stenosis<sup>2</sup> or non-visualization of 1 major vessel<sup>3</sup> without adequate collateral circulation</li> </ul>
Standard	<ul style="list-style-type: none"> <li>• Severe narrowing/stenosis<sup>2</sup> of major vessels<sup>4</sup> with adequate collateral circulation</li> <li>• Mild narrowing/stenosis<sup>2</sup> of major vessels<sup>4</sup> with adequate collateral circulation</li> <li>• Hypoplasia, dysplasia, aberrant origin or course of major vessels<sup>4</sup></li> <li>• Persistent embryonic arteries</li> <li>• Aberrant subclavian artery</li> </ul>

<sup>1</sup> risk further increased if coexistent cardiac or aortic arch anomalies.  
<sup>2</sup> defined as vessel narrowing >75%.  
<sup>3</sup> internal carotid artery, middle cerebral artery, anterior cerebral artery, posterior cerebral artery, basilar artery, vertebral artery.  
<sup>4</sup> defined as vessel narrowing <75%, and categorized as standard risk given known frequency of overdiagnosis with MRA.  
<sup>5</sup> any degree of severity.

Drolet B A et al. Pediatrics 2013;131:128-140

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## Brain Anomalies

<p style="text-align: center;"><b>Major</b></p> <ul style="list-style-type: none"> <li>■ Dandy-Walker complex</li> <li>■ Unilateral or bilateral cerebellar hypoplasia/dysplasia</li> </ul>	<p style="text-align: center;"><b>Minor</b></p> <ul style="list-style-type: none"> <li>■ Intracranial hemangioma</li> <li>■ Midline anomaly e.g. corpus callosum, septum pellucidum, pituitary malformation,</li> <li>■ Neuromigrational disorder (e.g. polymicrogyria, cortical dysplasia, heterotopia)</li> </ul>
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**Cardiovascular**

<b>Major</b>	<b>Minor</b>
<ul style="list-style-type: none"><li>■ Aortic arch anomaly<ul style="list-style-type: none"><li>■ Coarctation aorta</li><li>■ Abnormal formation such as kinking, looping, tortuosity</li></ul></li><li>■ Aortic arch aneurysm</li></ul>	<ul style="list-style-type: none"><li>■ Aberrant subclavian with/without vascular ring</li><li>■ Right-sided arch</li><li>■ Ventricular septal defect</li></ul>

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**E= Eye (Ophthalmologic)**

<b>Major</b>	<b>Minor</b>
<ul style="list-style-type: none"><li>■ Persistent fetal vasculature</li><li>■ Morning glory anomaly/Peripapillary excavation</li><li>■ Optic nerve hypoplasia</li></ul>	<ul style="list-style-type: none"><li>■ Sclerocornea</li><li>■ Cataract</li><li>■ Coloboma</li><li>■ Microphthalmia</li></ul>

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**Ventral Developmental Defects**

<b>Major</b>	<b>Minor</b>
<ul style="list-style-type: none"><li>■ Sternal cleft or other defects</li><li>■ Suprumbilical raphe</li></ul>	<ul style="list-style-type: none"><li>■ Small sternal pits or tags</li><li>■ Hypopituitarism</li><li>■ Ectopic thyroid</li></ul>

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### Vascular abnormalities and clinical findings as clues to cause of PHACE

- Looking at cerebrovascular anomalies:
  - Those with **structural brain anomalies** typically have **arterial anomalies** which could explain them
- Eye anomalies also likely due to impaired vasculature as reactive process
- Blanching as clinical finding before development and surrounding hemangiomas

Drolet BA, Frieden IJ. Characteristics of infantile hemangiomas as clues to pathogenesis: does hypoxia connect the dots? Arch Dermatol. 2010 ;146:1295-9

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### Timing of PHACE embryonic “hit”

- Defects associated with PHACE are early embryologic events, occurring between 4 and 8 weeks gestation
- Hemangiomas may not be evident at birth, but are true birth defects
- At least some have very early embryologic origins

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### PHACE W/U based on hemangioma risk

#### Full

- Careful Physical exam
- Eye exam
- Cardiac echo
- MRI/A with contrast

#### “Lite”

- Careful Physical exam
- Eye exam
- Cardiac echo
- Defer MRI/A unless signs/symptoms

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### If PHACE is diagnosed, then what?

- Formal pediatric neurology exam (ideally pediatric stroke specialist)
- Other organ-specific care (e.g. eye, ENT)
- Anticipatory guidance
  - Headaches – early onset
  - Motor delays
  - Language/speech delays
  - Airway disease
- If “mild” without symptoms, reevaluation at age 3 to 4 or as needed

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### Paying extra attention

- Hearing
- Growth velocity
- Hearing testing
- Dental issues
- Hemangioma rebound growth
- Parents will help us figure this out!

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**Imaging and Clinical Features and Stroke Risk in PHACE Syndrome**

Risk Category	Cerebrovascular Anomalies
High	<ul style="list-style-type: none"> <li>• Multiple vessels with severe narrowing or non-visualization without adequate collateral circulation and Moyamoya disease and Cardiac or Aortic arch anomalies</li> <li>• Severe narrowing/stenosis<sup>‡</sup> or non-visualization of 1 major vessel<sup>‡</sup> without adequate collateral circulation and Moyamoya disease and Cardiac or Aortic arch anomalies</li> <li>• Severe narrowing/stenosis<sup>‡</sup> or non-visualization of 1 major vessel<sup>‡</sup> without adequate collateral circulation and Moyamoya disease</li> <li>• Severe narrowing/stenosis<sup>‡</sup> or non-visualization of 1 major vessel<sup>‡</sup> without adequate collateral circulation and Cardiac or Aortic arch anomalies</li> <li>• Severe narrowing/stenosis<sup>‡</sup> or non-visualization of 1 major vessel<sup>‡</sup> without adequate collateral circulation</li> </ul>
Standard	<ul style="list-style-type: none"> <li>• Severe narrowing/stenosis<sup>‡</sup> of major vessels<sup>‡</sup> with adequate collateral circulation</li> <li>• Mild narrowing/stenosis<sup>‡</sup> of major vessels<sup>‡</sup> with adequate collateral circulation</li> <li>• Hypoplasia, dysplasia, aberrant origin or course of major vessels<sup>‡</sup>*</li> <li>• Persistent embryonic arteries</li> <li>• Aberrant subclavian artery</li> </ul>

\* risk further increased if coexistent cardiac or aortic arch anomalies.  
<sup>‡</sup> defined as vessel narrowing >75%.  
<sup>‡</sup> internal carotid artery, middle cerebral artery, anterior cerebral artery, posterior cerebral artery, basilar artery, vertebral artery.  
<sup>‡</sup> defined as vessel narrowing <75%, and categorized as standard risk given known frequency of overdiagnosis with MRA.  
<sup>‡</sup> any degree of severity.

**PEDIATRICS**

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## New and Future Directions

- More defining “severe” vs “mild” PHACE
- Interactions of various anomalies e.g. coarctation aorta and cerebrovascular
- Prognosis – neurologic and neurocognitive
  - Hypotonia and speech delay
  - Identifying risk-factors for stroke
  - Scope and magnitude of headaches
- Propranolol – usage in PHACE patients
- Genetic and molecular studies

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## Thank you

The graphic contains the following elements:

- phace syndrome community** logo with social media icons and links for ABOUT, PHACE, DONATE, CONTACT.
- A photo of a child and a woman with the text: "Together, we're facing PHACE. We have four main goals: 1. Raise awareness, 2. Support each other, 3. Fund research, and 4. Find a cause and cure. YOUR SUPPORT MATTERS."
- HEMANGIOMA H.I.G INVESTIGATOR GROUP** logo.
- DF** logo.
- Purpose of this the PHACE Syndrome study**  
The study is focused on two things:
  - Learn about what problems PHACE Syndrome causes
  - Learn how it affects patients over time
- PHACE REGISTRY** logo.
- What is involved in study participation?**
  - There are a few things that need to be completed to be a part of this study registry. Since many of our parents in that registry prefer their child's name to be anonymous.
  - Sign a consent form. This consent form gives detailed information about the study and all possible any questions they have regarding the study to be sure that they are fully informed. A subject may withdraw from the consent and approval at any time without penalty.

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